

Personal Equipment List Philmont Trek & High Adventure Backpacking

Equipment	H	Need	Notes	Equipment	H	N	Notes
Pack /Hip blt				3-bandannas			
Pack Cover				lip balm			
Sleeping Bag			25 degree or better	biodegradeable soap			share
Stuff Sack			Waterproof or use bags	tooth brush/paste			share paste
Hiking Boots			Well Broken In	comb or brush			
Lite Shoes				toilet paper			
3pr Heavy Sock			wear one	moleskin			
3pr inner socks			wear one	note pad and pen			
2pr underwear			wear one	sunglasses			
2 t-shirts			wear one	tent stakes			
2 Hiking Shorts			wear one	OPTIONAL			
1 polypro top				belt			
1 long pants				sleeping pad			
1 sweater-polypro			wool or poly jacket/anorak	stocking cap/gloves			
1 windbreaker			can be rain gear	camera and film			
1 hat			Council or wide brim	watch			
1 rainsuit or poncho			Rain Jacket highly recommended	shaving gear			
1 small bowl			frisbee or butter tub	foot powder			
1 cup				gaiters			
1 spoon				sunscreen			
3 -1- qt water bottles			or equivalent	baby wipes			
Pocketknife				Maps			
matches or lighter				Money 10-20			
flashlight			with new batteries	misc Plastic Bag			
compass				rubberbands			
NOTE: NO RADIOS			CD PLAYERS OR HAMMOCKS	Bible			
			ON THE TRAIL	notepad/pen			